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As a coach, I don't recommend supplements unless I genuinely believe they make life easier for my clients.

For most students and working professionals, the biggest struggle isn't training...
It's completing daily protein.

That's where a good and budget friendly protein helps.

I've been using BeastLife Protein because it mixes well, tastes good, and most importantly, helps me and my clients hit our daily protein target consistently.

Currently Using @beastlife.india protein for better absorption and quality

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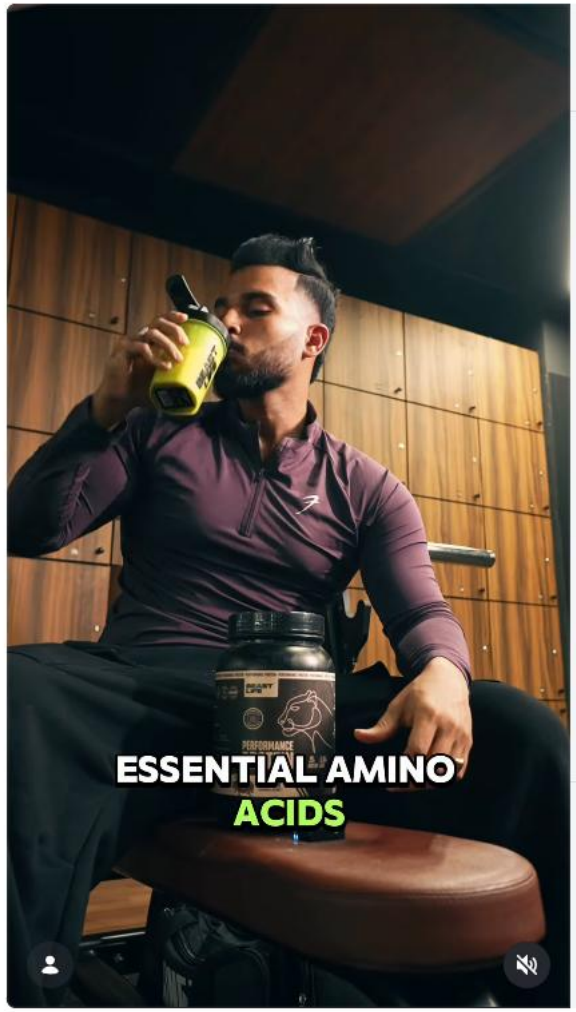
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